



Confidence Coach ~ Uniquia Manigault

How do you get started with BGB Performing Arts School?

We have 5 different youth program workshops to choose from.

- Modeling Workshops
- Acting Workshops
- Poetry/Writing Workshops
- Hair Braiding Workshops
- Adult Model Aerobic Workshops
- Professional Development
- Leadership Training
- Entrepreneurship
- Online Beauty Supply Store

We Inspire "BGB ICONS" To Think Great!

We Motivate "BGB ICONS" To Be Great!

We Expose "BGB ICONS" To All The Possibilities to Achieve Greatness!

Who We Are

About Us

Black Girl Beauty Performing Arts School Since 2011, have been mentoring, inspiring and training young women and children by providing clear step-by-step systems to shape and build self-confidence of women and children to become future leaders through her unique classes in modeling, acting, writing, poetry, hair braiding, beauty, personal development, leadership and entrepreneurship training.

We provide a safe and nurturing, environment that allows young people to learn, explore and express themselves, in ways that encourage growth, wisdom, compassion and good health

Contact Us

BGB PERFORMING ARTS SCHOOL



Union City, GA 30291

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Web: [www.iamuniquia.com]

IG: blackgirlbeautybgb

FB: Black Girl Beauty Performing Arts School



Classes offered LIVE in class and VIRTUALLY

Visit: www.iamuniquia.com

For More Information

To Shop For Products:

shop.blackgirlbeautyinc.com

**MODELING
ACTING
POETRY
WRITING
HAIR BRAIDING
ADULT MODEL AEROBICS
PROFESSIONAL
DEVELOPMENT
LEADERSHIP TRAINING
ENTREPRENEURSHIP**

With Uniquia Manigault



Uniquia Manigault

- Professional Model
- Actress, Poet, Author
- Hair Braider
- Host, Entertainer
- Motivational Speaker
- Fashion Show Executor
- Beauty Advisor
- Confidence Coach
- Founder/CEO ~ BGBPAS
- BA Theatre Arts/Clark Atlanta University

Adult Model Aerobics

Soothe your mind, body & soul while building Self-Confidence with **Adult Model Aerobics**. Learn to walk the runway in heels, with ease and balance while believing & achieving great results as you stay active and independent as you age...
~LIVE YOUR BEST LIFE!



Modeling Workshop

- Runway Techniques
- Photo Movement
- Nutrition and Exercise
- Industry Information
- Product & Fashion
- Poise and Fashion
- Grooming Sills
- Model Etiquette
- Self-Confidence
- SO MUCH MORE!!



Acting Workshop

- What is Good Acting?
- Revealing Yourself
- Branding
- Self-Knowledge
- Styling
- Creating Content
- Acting the Song
- On-Camera Scene Work
- Preparation For The State
- Charisma Coaching
- SO MUCH MORE!!



Poetry/Writing Workshop

- Introduction To Writing Poetry
- The Poetry & Writing Project
- Transforming Your First
- Description of a Moment
- Writing Your Moment
- Developing Your Story
- Creating Your Visual
- Preparation For The Release
- SO MUCH MORE!!



Hair Braiding Workshop

- The Art & Science of Hair
- Shampooing & Conditioning
- Natural Vs Chemically Treated Hair
- Hair Products
- Hair Braiding 101
- Hair Weaving 101
- Hair Grooming 101
- Stylist/Barber Assistant
- SO MUCH MORE!